

# HEALTH AND DENTAL INSURANCE RATES FOR 2025-2026

## HEALTH INSURANCE

### HMO

HMO 2500 FLEX	Employee Contributions for 2025-2026	
	Semi-monthly contribution	Total contribution per month
Individual	\$67.60	\$135.19
Employee + Spouse/Domestic Partner	\$216.30	\$432.61
Employee + Child(ren)	\$200.08	\$400.16
Family	\$308.23	\$616.47

### PPO

PPO 2500 FLEX	Employee Contributions for 2025-2026	
	Semi-monthly contribution	Total contribution per month
Individual	\$128.36	\$256.72
Employee + Spouse/Domestic Partner	\$337.83	\$675.67
Employee + Child(ren)	\$312.50	\$624.99
Family	\$481.41	\$962.83

## DENTAL INSURANCE

### DENTAL PPO

DELTA DENTAL PPO	Employee Contributions for 2025-2026	
	Semi-monthly contribution	Total contribution per month
Individual	\$6.05	\$12.10
Family	\$36.54	\$73.09