1. **3rd Annual Goddess Rising**

Click [here](#) to follow details on Facebook

Saturday, April 23, 7 p.m.

**LOCATION:** Vermont Jazz Center, 72 Cotton Mill Hill, Brattleboro, Vermont

(in the large building directly in front of you as you enter the parking lot, the Jazz Center will be on the second floor)

Goddess Rising Presents: SEEDs of Spring~

Organized and produced by Kelsey Captolia, Cyndal Ellis, and Shanta Lee.

Join us for our third annual Goddess Rising Bellydance Benefit, a magically inspired night of enchanting and theatrical dance performances inspired by the blooming and blossoming atmosphere of Spring.

Dancers from across Vermont and New England will come together for one night in Brattleboro for celebration & ritual honoring fertility, renewal, growth, birth, and the goddesses of Spring.

Performances are theatrical and intentional, seeds of movement planted to transform and inspire the birth of a new year.

In this very special Goddess Rising performance, we will be celebrating and recognizing Goddess Rising creator, Kelsey Eaton, in this community benefit for SEEDs (self-esteem, empowerment, and education through dance).

As always, Goddess Rising will include daytime bellydance workshops from some of New England's greatest dance teachers... followed by an enchanting night of performance.

2. **DANCE WORKSHOP**

Good and Layers with Amity Alize

Click [here](#) to see Facebook Event

Saturday, April 23, 1-2:30 p.m.

**LOCATION:** Vermont Jazz Center, 72 Cotton Mill Hill, Brattleboro, Vermont

(in the large building directly in front of you as you enter the parking lot, the Jazz Center will be on the second floor)

Gooey explains movements that just melt. It's about connecting, completing, and
melting movements. We'll spend an entire class making you ooze through detailed explanations of muscle versus skeletal movements, weight transitions, and combinations. Once you’re gooey we’ll add the next “layer” demystify layering technique. Handouts included. This is a part of the 3rd annual Goddess Rising. This is a Benefit for Goddess Rising Founder Kelsey Indziniak's SEEDs dance sabbatical.
(Suitable for: all levels)

Cost:

Pre Reg (before April 16th)
$25 for single
$45 for both

GO HERE TO PRE-REGISTER AND PAY ONLINE:
http://sobodance.com/events/

At the door:
$30 for single
$55 for both

3. DANCE WORKSHOP

**Participation Mystique and the Ecstatic: Ritual and Transformation with Aria Michaels Paradise**

Saturday, April 23, 2:45-4:15
LOCATION: Vermont Jazz Center, 72 Cotton Mill Hill, Brattleboro, Vermont
*(in the large building directly in front of you as you enter the parking lot, the Jazz Center will be on the second floor)*

As dark fusion belly dancers, we embrace the sacred art of transformation and the mystical, psychic connection between performer and performance. In this workshop we will explore the concept of Participation Mystique, meaning mystical connection between self and other. Through this focus, we learn how to more fully embody, transform, and BECOME the characters in our theatrically based performances. In order to harness this energy, we will explore a holistic trinity of techniques and exercises for body, mind, and spirit. Following this we learn ways of accessing the power of the Ecstatic, it’s connection to Participation Mystique, and ways in which to harness it’s sublime energy during our performances.

Cost:

Pre Reg (before April 16th)
$25 for single
$45 for both
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http://sobodance.com/events/

At the door:
$30 for single
$55 for both